



Welcome newest members of the Cyclone Family! My name is Al Wilson, and I am the athletic director here at Porter-Gaud. I am thrilled to have you all begin your journey as a member of our campus community. We have an amazing student life experience that will enrich your passions as well as open doors to new ventures.

A huge part of this experience is the opportunity to compete as a Cyclone. Throughout the school year, we have a robust offering of Middle School and Upper School programs from which to choose. You can expect to hear from me seasonally throughout the year with instructions on how to sign up for athletics.

- First official communication - Early June and will have details on how to sign-up for Fall Sports
- Fall sports officially begin July 23, 2026. Most Varsity teams will start on this date. Most middle school teams will not begin until school starts.

Several of our Fall teams will hold spring practices or tryouts. If you are interested in a fall sport, please contact me directly.

Spring practices for Fall sports:

- **JV and Varsity football** - rising 8th-12th grade
 - May 11th-22th (Mon-Th for 2 weeks)
- **JV and Varsity Volleyball** - 7th-12th grade eligible
 - Tryouts- May 11th - 16th
 - Spring practice - May 14, 15, 19, 20, 21, & 22
- **Girls JV and Varsity Tennis** - 6th-12th eligible
 - Tryouts- May 11th - 15th
- **Competition Cheer** - 6th-12th eligible
 - Tryouts - April 27, 28 & 29
- **Varsity Girls Golf** - 6th-12th eligible
 - Tryouts - Week of May 11th

To participate in **spring practices and tryouts**, we need the following forms submitted: ***The forms listed below are specifically for spring tryouts/practices and summer workouts.***

- [Warning of Inherent Risk](#) (2 pages)
- [Concussion Awareness Form](#)
- [Agreement for Participation](#)
- 2 Emergency Contacts - included in the submission email.

All of these forms can be submitted to Jacob Loughman, Head Athletic Trainer, at jloughman@portergaud.edu If your child requires additional medical assistance related to athletics or has a pre-existing condition (such as asthma/inhaler, diabetes/insulin, current musculoskeletal injury, heart defect, etc.), **please reach out to Jacob as well.**

Over the summer, parents/guardians will complete a medical profile that includes the above forms, as well as an up to date sports physical and student athletes will need to take a baseline concussion assessment. The school will notify you via email when these are ready.

We look forward to getting to know you and your family! Please feel free to contact me if you have any questions. Go Cyclones!

Al Wilson
Athletic Director
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Porter-Gaud School