PG WEEKLY MENU

THE WEEK OF NOVEMBER 16-20

MONDAY

Entree: Bang Bang Shrimp, Jasmine Rice, Sauteed Bok Choy, Steamed Snow Peas, GrowFood Carolina Local Vegetable (Vegetarian Option -Bang Bang Tofu)

Grill: Southern Macaroni & Cheese, Roasted Zucchini

Power Bowl: Mediterranean Lentil Bowl- Mediterranean Turkey, Lemon Tahini Lentils, Red Onion, Sun Dried Tomato, Kalamata Olives, Feta, Dill Cucumbers, Creamy Garlic Sauce (Vegetarian Option - Mediterranean Falafel)

TUESDAY

Entree: White Chicken Lasagna, Steamed Green Beans, Chef Salad, GrowFood Carolina Local Vegetable (Vegetarian Option - White Vegetable Lasagna)

Grill: French Toast and Maple Syrup, Cheesy Egg Bites, Pork Sausage (Vegetarian Option - Vegetarian Sausage)

Power Bowl: Mediterranean Lentil Bowl- Mediterranean Turkey, Lemon Tahini Lentils, Red Onion, Sun Dried Tomato, Kalamata Olives, Feta, Dill Cucumbers, Creamy Garlic Sauce (Vegetarian Option - Mediterranean Falafel)

WEDNESDAY

CHOCOLATE MILK DAY

Entree/Grill: Ground Beef Tacos, Roasted Corn, Stewed Black Beans, Toppings - Salsa, Sour Cream, Shredded Cheese, Cilantro, Guacamole, Jalapeno's, GrowFood Carolina Local Vegetable (Vegetarian Option - Jackfruit Tacos)

Power Bowl: Mediterranean Lentil Bowl- Mediterranean Turkey, Lemon Tahini Lentils, Red Onion, Sun Dried Tomato, Kalamata Olives, Feta, Dill Cucumbers, Creamy Garlic Sauce (Vegetarian Option - Mediterranean Falafel)

THURSDAY

Entree/Grill:

Happy Thanksgiving!

Roasted Turkey
Mashed Potatoes & Gravy
Green Bean Casserole
Glazed Carrots
Succotash (Vegetarian Option)
Balsamic Fried Brussel Sprouts
Cranberry Sauce
Yeast Rolls

Power Bowl: Apple Cobbler with Whip Cream

FRIDAY

Ice Cream Day

Entree: Baked Potato Bar - Chili, Steamed Broccoli, Shredded Cheese, Green Onion, Sour Cream, GrowFood Carolina Local Vegetable (Vegetarian Option - Three Bean Chili)

Grill: Chicken Tenders, Steamed Broccoli (Vegetarian Option- Veggie Nuggets)

Power Bowl: Chef's Choice

AVAILABLE DAILY: SALAD BAR, DELI BAR, SOUP, PRE-MADE PANINI SANDWICHES (US ONLY), FRUIT/YOGURT/GRANOLA BAR, 2% WHITE MILK, CHOCOLATE MILK(WEDNESDAY ONLY), SWEET AND UNSWEET TEA (US ONLY)

AVAILABLE MONDAY, WEDNESDAY, FRIDAY: BAGEL BAR

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MENU MAY BE MODIFIED BASED ON PRODUCT AVAILABILITY - UPDATES WILL BE SHARED ON INSTAGRAM