PG WEEKLY MENU

THE WEEK OF NOVEMBER 2-6

MONDAY

Entree: Creamy Pumpkin & Sausage Gnocchi, Fried Brussel Sprouts, GrowFood Carolina Local Vegetable (Vegetarian Option - Creamy Pumpkin & Mushroom Gnocchi)

Grill: Grilled Cheese & Tomato Soup

Power Bowl: Local Squash Bowl - Roasted Local Squash , Wild Rice, Duck Confit, Wild Mushroom & Roasted Garlic Ragu, Arugula Sprouts, Pear & Fig Chutney, Toasted Pumpkin Seeds

TUESDAY

Entree: Dijon Herb Crusted Chicken Breast, French Onion Risotto, Roasted Asparagus, GrowFood Local Vegetable (Vegetarian Option - Dijon Crusted Portobello Mushrooms)

Grill: BBQ Pulled Pork Slider, Baked Beans, Cole Slaw (Vegetarian Option- BBQ Jackfruit Slider)

Power Bowl: Local Squash - Roasted Local Squash Bowl, Wild Rice, Duck Confit, Wild Mushroom & Roasted Garlic Ragu, Arugula Sprouts, Pear & Fig Chutney, Toasted Pumpkin Seeds

WEDNESDAY

CHOCOLATE MILK DAY

Entree/Grill:
Visiting Chef John Sugimura
Tsukimi Moon Burger, Seasoned Sweet Potato Fries, GrowFood Carolina Local Vegetable

Strawberry Green Tea Fizz Boba

Power Bowl: Marinara Tortellini, Steamed Green Beans

THURSDAY

Entree: Baked Maple Glazed Ham, Sweet Potato Casserole, Steamed Green Peas, Cranberry Sauce, GrowFood Carolina Local Vegetable (Vegetarian Option - White Bean & Sweet Potato Bake)

Grill: All Beef Hot Dog, Cole Slaw (Vegetarian Option - Beyond Brat)

Power Bowl: Caribbean Bowl - Jerk Chicken, Quinoa & Peas, Pineapple Salsa, Avocado, Pickled Red Onion (Vegetarian Option - Jerk Tofu)

FRIDAY

Ice Cream Day

Entree: Braised Beef Pot Roast, White Rice, Stewed Carrots, Sauteed Green Beans, GrowFood Carolina Local Vegetable (Vegetarian Option- Braised Root Vegetable & White Bean

Grill: Fried Chicken Sandwich, Sweet Potato Wedges, Steamed Broccoli, GrowFood Carolina Local Vegetable (Vegetarian Option- Black Bean Burger)

Power Bowl: Caribbean Bowl - Jerk Chicken, Quinoa & Peas, Pineapple Salsa, Avocado, Pickled Red Onion (Vegetarian Option - Jerk Tofu)

AVAILABLE DAILY: SALAD BAR, DELI BAR, SOUP, PRE-MADE PANINI SANDWICHES (US ONLY), FRUIT/YOGURT/GRANOLA BAR, 2% WHITE MILK, CHOCOLATE MILK(WEDNESDAY ONLY), SWEET AND UNSWEET TEA (US ONLY)

AVAILABLE MONDAY, WEDNESDAY, FRIDAY: BAGEL BAR

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MENU MAY BE MODIFIED BASED ON PRODUCT AVAILABILITY - UPDATES WILL BE SHARED ON INSTAGRAM