PG WEEKLY MENU

THE WEEK OF NOVEMBER 30TH - DECEMBER 4TH

MONDAY

Entree: French Onion Beef Pot Roast, Garlic Parmesan Toast, Steamed Asparagus, GrowFood Carolina Local Vegetable (Vegetarian - Braised Tofu, Caramelized Onion & Mushrooms)

Grill: Tortellini Marinara, Steamed Green Beans

Power Bowl: Vietnamese Noodle Bowl - Roasted Lemongrass Chicken, Lemongrass Edamame, Rice Noodle, Mint & Cilantro, Lime Wedges, Pickled Carrot, Cucumber, Nuoc cham (Vietnamese vinegar chili sauce)

TUESDAY

Entree: Shrimp & Grits, Lemon Garlic Asparagus, Fried Green Tomatoes, Growfood Carolina Local Vegetable (Vegetarian - Black Eye Pea's and Grits)

Grill: Pizza Rolls with Marinara

Power Bowl: Vietnamese Noodle Bowl - Roasted Lemongrass Chicken, Lemongrass Edamame, Rice Noodle, Mint & Cilantro, Lime Wedges, Pickled Carrot, Cucumber, Nuoc cham (Vietnamese vinegar chili sauce)

Dessert: Cookies

WEDNESDAY

CHOCOLATE MILK DAY

Entree/Grill: BBQ Pulled Pork, Corn Bread, Collard Greens, Lima Beans, GrowFood Carolina Local Vegetable (Vegetarian - BBQ Tofu)

Power Bowl: Vietnamese Noodle Bowl - Roasted Lemongrass Chicken, Lemongrass Edamame, Rice Noodle, Mint & Cilantro, Lime Wedges, Pickled Carrot, Cucumber, Nuoc cham (Vietnamese vinegar chili sauce)

THURSDAY

Entree: Spicy Jamacian Beef Handpies, Fried Plaintains, Sauteed Kale, GrowFood Carolina's Local Vegetable (Vegetarian - Jamacian Jerk Tofu)

Grill: Mini Chicken & Waffles with Maple Syrup (Vegetarian - Vegetanian Chicken & Waffles)

Power Bowl: Vietnamese Noodle Bowl - Roasted Lemongrass Chicken, Lemongrass Edamame, Rice Noodle, Mint & Cilantro, Lime Wedges, Pickled Carrot, Cucumber, Nuoc cham (Vietnamese vinegar chili sauce)

FRIDAY

Ice Cream Day

Entree: Beef Ragu, Cheese Manicoti, Steamed Green Beans, Roasted Mushrooms, GrowFood Local Vegetable (Vegetarian - Beyond Meat Ragu)

Grill: Fried Shrimp & Hush Puppies

Power Bowl: Chef's Choice

AVAILABLE DAILY: SALAD BAR, DELI BAR, SOUP, PRE-MADE PANINI SANDWICHES (US ONLY), FRUIT/YOGURT/GRANOLA BAR, 2% WHITE MILK, CHOCOLATE MILK(WEDNESDAY ONLY), SWEET AND UNSWEET TEA (US ONLY)

AVAILABLE MONDAY, WEDNESDAY, FRIDAY: BAGEL BAR

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MENU MAY BE MODIFIED BASED ON PRODUCT AVAILABILITY - UPDATES WILL BE SHARED ON INSTAGRAM