PG WEEKLY MENU

THE WEEK OF NOVEMBER 9-13

MONDAY

Entree: Peruvian Roasted Chicken Thighs, Peruvian Yellow Rice, Fried Plantains, Roasted Zucchini, Creamy Green Sauce, GrowFood Carolina Local Vegetable (Vegetarian Option - Peruvian Roasted Sweet Potato & Black Beans)

Grill: Turkey Corn Dog, Cucumber Wheels & Carrot Sticks with Ranch (Vegetarian Option - Veggie Meatball Sub)

Power Bowl: Hawaiian Poke Grain Bowl - Garlic Chili Shrimp, Quinoa & Brown Rice, Pineapple Salsa, Seaweed Salad, Cucumber, Fried Onion, Sriracha Aioli (Vegetarian Option - Garlic Chili Tofu)

TUESDAY

Entree: Korean Crispy BBQ Fried Chicken Wings, Tteokbokki, Kimchi, Pickled Radish, Cucumber Salad, GrowFood Carolina Local Vegetable (Vegetarian Option- Korean Crispy BBQ Cauliflower)

Grill: Marinara Tortellini, Steamed Green Beans

Power Bowl: Hawaiian Poke Grain Bowl - Garlic Chili Shrimp, Quinoa & Brown Rice, Pineapple Salsa, Seaweed Salad, Cucumber, Fried Onion, Sriracha Aioli (Vegetarian Option - Garlic Chili Tofu)

Dessert: Cookie

WEDNESDAY

CHOCOLATE MILK DAY

Entree/Grill: Beef Burger, French Fries, Steamed Broccoli, GrowFood Carolina Local Vegetable (Vegetarian Option- Beyond Burger)

Power Bowl: Turmeric Chickpea Buddha Bowl - Turmeric Roasted Chickpeas, Kale Green's Mix, Tricolor Quinoa, Roasted Butternut Squash, Pomegranate Seeds, Pickled Beets, Avocado, Green Goddess Dressing

THURSDAY

Entree: Chimi Churri Roasted Chicken Breast, Coconut Sticky Rice, Roasted Zucchini, GrowFood Carolina Local Vegetable (Vegetarian Option: Chimi Churri Roasted Tofu)

Grill: Meatball Marinara Slider, Steamed Green Beans (Vegetarian Option - Veggie Meatball Marinara Slider)

Power Bowl: Turmeric Chickpea Buddha Bowl - Turmeric Roasted Chickpeas, Kale Green's Mix, Tricolor Quinoa, Roasted Butternut Squash, Pomegranate Seeds, Pickled Beets, Avocado, Green Goddess Dressing

FRIDAY

Ice Cream Day

Entree: Garlic Butter Steak Bites, Roasted Yukon Gold Potatoes, Sauteed Asparagus, GrowFood Carolina Local Vegetable (Vegetarian Option - Garlic Butter Mushrooms & White Beans)

Grill: Bird Dog, House Fried Chips (Vegetarian Option- Veggie Chicken Bird Dog)

Power Bowl: Chef's Choice

AVAILABLE DAILY: SALAD BAR, DELI BAR, SOUP, PRE-MADE PANINI SANDWICHES (US ONLY), FRUIT/YOGURT/GRANOLA BAR, 2% WHITE MILK, CHOCOLATE MILK(WEDNESDAY ONLY), SWEET AND UNSWEET TEA (US ONLY)

AVAILABLE MONDAY, WEDNESDAY, FRIDAY: BAGEL BAR

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MENU MAY BE MODIFIED BASED ON PRODUCT AVAILABILITY - UPDATES WILL BE SHARED ON INSTAGRAM